

Person-centered Care and Collaboration Video Quiz



Name _____ Date _____ Score _____

Circle your answer to each question listed below.

1. A medical care provider is the most important person in person-centered care planning.

- a. True
- b. False
- c. The actions and decisions of the person with the mental health crisis

2. One key element in person-centered care planning is understanding that:

- a. Not all individuals are able to make their own decisions
- b. Everyone's concept of family is different
- c. Mental health professionals must approve all person-centered care plans.

3. Who often needs to make changes when creating a person-centered care plan?

- a. The patient / resident
- b. The caregiver
- c. Facility management

4. Psychologists are medical doctors who can prescribe medications for mental illnesses.

- a. True
- b. False

5. You should ask a mental health expert for help when:

- a. A resident is first admitted to your facility
- b. When a person fails to respond to your initial care plan
- c. When your medical director asks you to call

6. Be sure to include _____ in your person-centered care planning team.

- a. Food service workers and housekeepers
- b. Family members and pharmacists
- c. All of the above

7. Person-centered care views patients and health care professionals as equals.

- a. True
- b. False

8. Examples of mindfulness coping skills are:

- a. Deep breathing and meditation
- b. Moving persons away from large crowds and noises
- c. Involving family in the care planning process

9. Person-centered care planning focuses on:

- a. Developing a personal prevention plan
- b. How much stimulation and uncertainty a person can handle
- c. A person's strengths

10. Trade and professional associations are good resources to find mental health experts:

- a. True
- b. False